



Behavior Evaluation for Inappropriate Elimination in Cats

Cat's Name: _____ Owner Name: _____ Age: _____ Sex: _____

There is a direct correlation between mental health and physical health. Stress takes its toll on the health of cats; research has demonstrated an increase in sickness behaviors associated with stressful events.

Acute signs of stress include crouching, shaking, tail close to the body, dilated eyes, hissing and growling. These signs may be a result of a specific incident or threat.

Signs of chronic stress may develop over a long period of time, and can be more subtle. These include hiding and social withdrawal, over-grooming and inappropriate urination.

Cats with chronic stress can appear nervous, be more fearful than other cats in the house and more prone to hide from visitors.

With that in mind, cats urinating outside of the litter box need a complete behavioral evaluation in order to develop a successful treatment plan.

Please answer the following questions, give as much detail as possible.

1. How long has your cat been urinating/defecating outside the box? _____
2. Is your cat urinating, defecating, or both outside the box? _____
3. Where is your cat eliminating? _____
4. What is the material/substrate (i.e. hard floor, carpet, leather sofa, etc.)? _____
5. What type of litter do you use? Please list brand and type (i.e. clumping, odor control, multi-cat, etc.)? _____
6. Any recent changes to litter or placement of the litter box? _____
7. How often do you clean the litter box(es)? _____
8. How many litter boxes do you have and where are they located? _____
9. How many cats and other pets live in the house (please list all)? _____
10. Describe your cats relationship with people. _____
11. Does he/she run and hide when guests come over? _____
12. Does your cat like any family members more than others? _____
13. What opportunities for enrichment are available? List how long you have interactive play, how many cat towers, scratching posts, and toys (which type) are available. _____
14. What escape and hiding areas are available? _____
15. How does your cat share the space? _____
16. Do they get chased, hissed at or growled at by other cats or dogs in the home? _____
17. Does your cat chase, hiss at or growl at other cats in the home? _____
18. How often does he/she appear in all rooms of the house? _____
19. Does he/she spend all their time in just one room? If so, which room? _____